



Nature's Tracks  
Forest Play

Box 8177  
Canmore, AB  
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[www.forestplay.ca](http://www.forestplay.ca)  
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## Forest Play Youth Camps (Summer 2020)

We are excited about our new summer camps for 12-15 year olds! These camps are an opportunity for youth to connect with friends and nature while building leadership and communication skills. Building on the foundation from Forest Play programs for younger children, these camps are designed to provide youth with more in-depth experience with edible wild plants, wilderness survival skills, teambuilding, and outdoor leadership.

Led by Forest Play staff (Katarina Ducaiova and Fern Yip) with decades of experience leading programs for youth and teenagers, these day camps will provide the opportunity for fun, learning and growth.

Choose from two camps:

**Wolf Willow Youth Camp (July 21-24, 2020)**

**Fireweed Youth Camp (August 10-14, 2020)**

We hope your kids can join us for some adventures in the forests near Canmore!

Dave, Kat and Fern

## Youth Camp Program Leaders

### Katarina Ducaiova

Katarina has been working in the field of experiential education for over 15 years, instructing at adventure programs and wilderness expeditions across Canada, Alaska and Europe including Outward Bound and NOLS. She is an ACMG Top Ropes Instructor and has her 80 hr Wilderness First Aid certificate. Her experience as a wilderness guide and a youth worker for addiction programs in the Canadian Rockies has allowed her to implement and share her knowledge in various youth at risk re-integration centres across various parts of the world. She has been working with Forest Play since 2018 and her passion for wild spaces, backcountry cooking and personal growth has enriched the lives of many Canmore Youth.



*"I value having an opportunity to just be still, in the wilderness – breathing fresh air, enjoying the warming sun on my face or*



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*feeling the wind in my hair. It is my hope and desire to help women and men become free – physically, emotionally and spiritually” (Katarina Ducaiova)*

### Fern Yip

Fern has been facilitating nature connection experiences for youth for the last 8 years. She spent 6 years as an environmental and outdoor educator at the Palisades



Stewardship Education Centre in Jasper National Park and as a naturalist interpreter for Elk Island National Park. She has also just completed a 2-year training program in Coyote Mentoring with the Wisdom of the Earth School on Salt Spring Island deepening her skills in nature connection mentoring. She also holds a bachelor's degree in environmental studies from Quest University and a certificate in herbal medicine from the California School of Herbal Studies. Fern finds immense joy in encouraging youth to find their own naturalist

passions and meaningful relationships to the earth through curiosity, authenticity, and play.